

August

100 Skips a Day in August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4 <p>How's your fundraising going? \$30 funds next generation DNA sequencing to help us find the cause of a genetic disease. ♥</p>	5 <p>How's your fundraising going? \$30 funds next generation DNA sequencing to help us find the cause of a genetic disease. ♥</p>	6 <p>Psssst...you have 5 badges to collect on your dashboard! Light one up right now with a self-donation.</p>	7	1 <p>Your 31-day challenge starts TODAY!</p>	2 <p>Don't forget to log your skips as you go on your challenge dashboard!</p>	3
11	12 <p>Have you heard... raise \$250 for your challenge and earn a FREE t-shirt! Share your fundraising page NOW.</p>	13	14 <p>MOTIVATION BOOST Did you know? Greater than 50% of children's hospital admissions are due to genetic conditions. You're helping fund research to find cures. 🧬</p>	8 <p>Have you joined our Skipping Challenge Facebook Group? Visit https://www.facebook.com/groups/100skips and share your progress with the rest of the community.</p>	9	10 <p>MOTIVATION BOOST Keep moving! Every skip you achieve this month can strengthen your body, boost your energy and fuel your mental wellbeing.</p>
18 <p>How many badges have you collected on your dashboard? Add one more today!</p>	19	20	21 <p>3 weeks down. 2000 skips down. Tell your friends, family and colleagues how many skips you've done so far and ask for a donation!</p>	15	16 <p>OVER HALFWAY THROUGH! Woohoo keep up the amazing work.</p>	17
25 <p>You're on the home stretch. Let's finish strong.</p>	26	27 <p>Have a top fundraising or skipping tips to share? Post it in the Facebook Group today.</p>	28	22	23 <p>Have an adventure! Explore a new skipping location this weekend.</p>	24 <p>1 in 20 kids (that's 12 born every minute worldwide) faces a birth defect or genetic disease. Keep going for kids in need.</p>
				29 <p>DONATE Did you know? If you raise \$500 for your challenge you will earn an exclusive BEANIE! Share your fundraising page with family or friends now for a final donation push.</p>	30	31 <p>FINAL DAY! Thank you and good luck as you skip across the finish line!</p>



Sophia, 8
Cystic Fibrosis

Thank you for raising funds to help find cures for Aussie kids affected by genetic diseases!

Jeans for Genes® is a national fundraiser for Children's Medical Research Institute that funds research to find treatments and cures for children's genetic diseases, like cancer, cystic fibrosis, and life-threatening metabolic disorders.

We cannot find the cures without medical research, and we cannot fund the research without your support.

Thank you for helping kids like Sophia.

